

# Janeen Locker, Ph.D.

## Full Biography

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Dr. Janeen Locker is a licensed clinical psychologist based in Santa Monica, California, with over 30 years of experience working with adolescents and adults. She provides new skills and empowering strategies through psychotherapy, guiding patients to make the transformations they want for themselves.

Dr. Locker completed both her APA-approved predoctoral and postdoctoral internships through Yale University — training that set the foundation for a career built on rigorous, evidence-based practice. She brings the same level of clinical sophistication to every patient, whether they're navigating a specific diagnosis or simply seeking to live a more fulfilling life.

She is known for her straightforward, compassionate, and firm therapeutic style. She believes deeply in the power of the therapeutic relationship and in the patient's capacity to change — with the right skills, the right support, and a clinician willing to work proactively alongside them.

Dr. Locker specializes in eating disorders and body image, trauma and dissociation, depression and anxiety, relationship issues, personality disorders, adolescent mental health, personal growth, and stress management. She is an EMDRIA Certified Practitioner (Level 1 & 2) and is ASCH certified in clinical hypnosis. She is a member of the International Society for the Study of Trauma & Dissociation (ISSTD), the EMDR International Association (EMDRIA), and the Los Angeles County Psychological Association.

Outside of her clinical practice, Dr. Locker is an ongoing student of ballet technique, pointe, musicality, and choreography as an adult dancer at the Westside School of Ballet in Santa Monica, CA. In addition, she specializes in providing psychotherapy for professional dancers.

She also consults with mental health professionals and the media in her areas of specialization, bringing her clinical expertise to broader audiences when the opportunity arises.

## Education

### Postdoctoral Fellow

Yale University Health Services, Division of Mental Hygiene

### Predocotrual Fellow in Psychology

Yale University School of Medicine, Department of Psychiatry

### Ph.D., Clinical Psychology

California School of Professional Psychology, San Diego

**M.A., Psychology**

California School of Professional Psychology, San Diego

**B.A., Psychology**

Vassar College

**Licensure & Certifications**

- California License #PSY 17889 — in good standing since 2002
- EMDRIA Certified Practitioner — Level 1 & Level 2 EMDR completion
- ASCH Certified — American Society of Clinical Hypnosis

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For press inquiries, please contact via the website's Contact page.